

<b>Title of Message</b>	<b>Release of GCE O Level Results 2023</b>
<b>Message</b>	Dear 4E3 / 4E4 / 4E5 / 4E6 / 5A1 students
<b>[To be sent out on 8 Jan (Mon)]</b>	<p>The 2023 GCE O Level Results will be released on <b>11 Jan (Thurs), 2.00 PM</b>.</p> <p><b>All 4E5N students are strongly encouraged to return to school to receive their results, as the school will brief them on their post-secondary applications.</b></p> <p>Here are some <b>important details</b> to note:</p> <ol style="list-style-type: none"> <li><b>Reporting time: 1.30 PM</b></li> <li><b>Reporting venue: School Hall</b></li> <li><b>Attire &amp; Grooming:</b> Student should be in full school uniform and adhere to school rules on grooming. Inappropriately attired students will be denied entry into the school.</li> <li>All students are required to complete the following prior to receiving their results – <ul style="list-style-type: none"> <li>• <b>Settle all outstanding school / examination fees</b> at the General Office</li> <li>• <b>Settle all outstanding library fines / return all library books</b> at the School Library</li> </ul> </li> <li><b>Parents / guardians may</b> accompany their child / ward to collect their results</li> <li>Students or parents / guardians who are unwell should seek medical attention and should not return to school to collect their results.</li> <li>Students who are unable to collect their results in school may appoint a proxy to collect hardcopy of result and/or certificates (&amp; other docs) on their behalf - to inform HTs by 10 Jan (Wed) 12.00 PM and produce relevant documents (e.g. NRIC) for school's verification.</li> <li>With regard to your child's / ward's <b>post-secondary applications</b>, here are some <b>important dates</b> to note: <ul style="list-style-type: none"> <li>• <b>JAE application period: 11 Jan, Thurs (4.00 PM) – 16 Jan, Tues (4.00 PM)</b>, via <a href="http://www.moe.gov.sg/jae">www.moe.gov.sg/jae</a> [Release of posting results: 1 Feb (Thurs)]</li> <li>• <b>Students posted to JC / MI are to report on 2 Feb (Fri)</b></li> <li>• <b>Please refer to the JAE course types and details</b> (<a href="https://www.moe.gov.sg/post-secondary/admissions/jae">https://www.moe.gov.sg/post-secondary/admissions/jae</a>) for more information.</li> </ul> </li> <li>To assist parents / guardians in providing <b>social and emotional support</b> to your child / ward, please refer to the following link and the attached guide: <ul style="list-style-type: none"> <li>• <a href="https://go.gov.sg/selresforparents">https://go.gov.sg/selresforparents</a></li> </ul> </li> <li>To assist your child / ward in making informed decisions, the school will provide 1-1 Education and Career Guidance counselling for students upon request, after the release of the GCE O Level results. Please also encourage your child / ward to <b>explore potential post-secondary options and career pathways</b> via the following websites: <ul style="list-style-type: none"> <li>• <b>MySkillsFuture:</b> <a href="https://www.go.gov.sg/mysfsec">https://www.go.gov.sg/mysfsec</a></li> <li>• <b>What's Next:</b> <a href="https://go.gov.sg/whats-next-olevel">https://go.gov.sg/whats-next-olevel</a></li> </ul> </li> </ol>

# Supporting Your Teen Upon Release of Exam Results

Tips and Resources for Parents



## Providing Social and Emotional Support

Celebrate your teen's efforts. Acknowledge your teen's emotions during this period. Help your teen manage his/her expectations and emotions, especially if he/she has overly high expectations or negative emotions.

Success in life is more than academic achievements and results. Affirm your teen's efforts, and assure him/her that the O-Level results do not determine his/her self-worth or how successful he/she will be in future.



Look out for out-of-character behaviours in your teen. Should common signs of stress persist, do seek help and advice from your teen's School Counsellor or a trusted healthcare professional.

You may also wish to inform your teen's new school on his/her well-being so that appropriate support can be given (e.g. monitoring by the teaching staff or School Counsellor).

Useful Resources:



- [Setting realistic expectations](#)
- [Is your child too stressed?](#)
- [Supporting your child through post-secondary transition](#)

## Providing Education and Career Guidance



Encourage your teen to explore possible education pathways using resources such as [MySkillsFuture Student portal \(Secondary\)](#) and [What's Next](#), and discuss his/her thoughts with you.

Engage your teen in conversations on his/her interests and support him/her in pursuing his/her aspirations.

Further tips for parents can be found at <http://go.gov.sg/tips-for-parents>



**SCHOOLBAG**  
THE EDUCATION NEWS SITE

Check out articles from Schoolbag (<https://www.schoolbag.edu.sg>) on how we can guide our teens as they explore the paths forward. E.g. [Student quizzes psychologist – So how do I make use of failure?](#) , [Getting through tough times with our teens](#) , [After O-Levels: Why the next step is not that hard for us](#) .